

SUMMER DANCE PROGRAM

The East Windsor Parks and Recreation is excited to be offering a Summer Dance Program for boys and girls ages 2 and up. Classes will be held Tuesday and Thursday afternoons beginning July 22nd through August 14th. All classes will be held at St. John's Church.



Tuesday & Thursday Nights

4:30-5:15 Tumbling Tigers (Ages 2-4)

5:15-6:00 Beginner Ballet (Ages 5-7)

5:15-6:00 Contemporary/Lyrical (Ages 8 & up)

6:00-6:45 Beginner Tap (Ages 5-7)

6:00-6:45 Hip Hop (Ages 8 & up)

6:45-7:30 Beginner Jazz (Ages 5-7)

6:45-7:30 Intermediate/Advanced Jazz (Ages 8 & up)

When: Tuesday & Thursday evenings

Where: St. Johns Church, 92 Main Street, East Windsor

Cost: \$40 per participant

All registrations are due by July 14th and a minimum of 5 students per class is required to be able to offer this program. Contact the East Windsor Parks & Recreation at 860-627-6662 with questions.

Registration forms can be found on our website www.eastwindsorct.com under the Parks & Recreation page.

Jazz

Jazz is the combination of a variety of dance styles including ballet, African dance and social dance. Your child will Learn jazz technique, which consists of Strong rhythmic and isolated movements. I would strongly encourage anyone who is taking jazz to have a basis in ballet, this will greatly benefit the jazz dancer, however it is not required. Dress Code: Black jazz shoes, form fitting clothes that are easy to dance in.

Tumbling Tigers

Tumbling Tigers is a class for your little ones who love to jump around and have fun! Your child will learn beginner tumbling, acrobatic skills and basic movement skills. We will utilize mats, balance beams and trampolines. Dress Code: Bare feet, leotard, form fitting stretchable, moveable clothing.

Tap

Tap dance is strongly based in Rhythm. Your child will be using all aspects of their feet as a musical instrument and learning music, rhythm and timing. Dress code: Black tap shoes, form fitting clothes That are easy to move in.

Contemporary/Lyrical

Contemporary and lyrical combine techniques found in jazz and ballet. Ballet and Jazz background is beneficial however not required. Dress Code: Bare feet and/or foot undies, form fitting clothing that is stretchable and moveable.

Ballet

Ballet is characterized by grace, flow and precision of movement. Your child will learn ballet technique and correct placement (body alignment). Dress code: Pink ballet shoes, leotard and tights.

Hip Hop

Your child will learn fun, rhythmic, hip-hop moves from the past and present. Dress code: Black jazz sneakers, clothing that is easy to move in. No jeans.